

Boot Camp for New Dads

Logic Model (1-29-10)

	ACTIVITIES	OUTPUTS	SHORT-TERM OUTCOMES	INTERMEDIATE OUTCOMES	LONG-TERM OUTCOMES
Resources: veteran, rookies, families of rookies, coaches, staff, funding, home office	<p>Information is presented on:</p> <ul style="list-style-type: none"> • Post-Partum Adjustment • Gatekeeping • Differences in how men and women care for babies; benefits to babies • Teamwork • Protector Role • Shaken Baby Syndrome <p>Skills are taught, modeled, practiced:</p> <ul style="list-style-type: none"> • Respond to a crying baby (nurturing and comforting by standing, walking, bouncing, and generally thinking creatively about what to do) • Catch a pacifier • Hold and pass a baby • Change a diaper <p>Veterans serve as role models by</p> <ul style="list-style-type: none"> • Modeling skills (see above) • Talking about <ul style="list-style-type: none"> ○ What they've learned ○ Challenges they've faced ○ Mistakes they've made ○ Successes they've achieved ○ Their individual style <p>Rookies hold babies</p> <p>Coaches brings excitement and energy to the room</p>	<p>Rookies acquire information about these topics</p> <p>Men acquire information about and get practice with these skills</p> <ul style="list-style-type: none"> • Rookies see the veterans care for their babies • Veterans leave the house for the first time with the baby • Veterans reflect on their own experience <ul style="list-style-type: none"> • Rookies have the sensory experience of interacting with, relating to, and caring for a baby • Rookies rehearse holding their own baby and have the opportunity to fantasize about what will it be like • Rookies practice responding to a baby <p>Veterans and rookies are energized</p>	<p><u>Knowledge</u></p> <ul style="list-style-type: none"> • Men know more about how they can benefit their wives and babies • Men's problem-solving shifts from a narrow to broad perspective <p><u>Self-image</u></p> <ul style="list-style-type: none"> • Men develop a view of parenting as a masculine activity, consistent with their identity • Men are inspired to be as good as (or better than) the veterans • Men understand they will have their own individual style <p><u>Expectations, increased confidence</u></p> <ul style="list-style-type: none"> • Men have a higher expectation of their own responsibility as parents • Men know what to be prepared for • Men are ready to be proactive • Men's attitudes shift from being "prepared to survive" the transition to being "eager to master" it • Men know that it's okay to make mistakes and that when they do, they will try again • Men say to themselves, "I think I know what to do to accomplish this" <p><u>Veterans:</u></p> <ul style="list-style-type: none"> • Increase in knowledge, skills and self-confidence • Get a 2nd exposure (tune-up) on the content (at the time when it relates most to their experience) • Re-set the bar for themselves when they hear from other veterans 	<p><i>Dads are:</i></p> <ul style="list-style-type: none"> • Educated • Prepared • Aware / Present • Involved / Engaged • Confident / Intentionally capable • Bonded with child <p><i>Moms are more:</i></p> <ul style="list-style-type: none"> • Happy / Appreciative • Confident in Dad • Inclined toward romance (sexuality) in the marriage <p><i>And less:</i></p> <ul style="list-style-type: none"> • Likely to gatekeep <p><i>Babies:</i></p> <ul style="list-style-type: none"> • Have the benefit of paternal-style parenting¹ • Experience reduced incidents of shaken baby syndrome 	<p><i>Dads:</i></p> <ul style="list-style-type: none"> • Are more likely to be involved with child as child grows • Keep up with (and contribute to) changing society <p><i>Families:</i></p> <ul style="list-style-type: none"> • Are more mutually supportive • Experience improved health of the family system <p><i>As babies grow into childhood and adulthood:</i></p> <ul style="list-style-type: none"> • Have more exposure to benefits of dad's interaction • See positive male/female relationship • Are more likely to be emotionally / physically / societally successful

¹ Refer to handout on "Different Styles of Parenting" adapted from Fatherneed: Why Father Care Is As Essential As Mother Care for Your Child by Dr. Kyle D. Pruett; based on a discussion led by Neil Tift, National Practitioner's Network for Fathers & Families, at the 6th Southwest Fatherhood Conference, Phoenix, AZ, 1/31/05